

Adult Swim – 16 years + (minimum 2 lanes)
 Lane Swimming – 8 years + (minimum 2 lanes)
 For a full breakdown of swimming sessions, please visit www.activehalton.co.uk/swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim 7.00am-9:15am	Adult Swim 7.00am-8.45am	Adult Swim 7.00am-8.45am	Adult Swim 7.00am-8.45am	Adult Swim 7.00am-8.45am	Swimming Lessons 8.30am-1:00pm	Lane Swimming 8:00am-9:00am
Aqua 9:15am-10:00am	School Swimming 9:00am-11:45am	School Swimming 9:00am-11:45am	School Swimming 9:00am-11:45am	School Swimming 9:00am-11:45am		General Swim 9:00am-2:30pm
Parent & Toddler Swim 10:00am-11:00am						Adult Swim 2:30pm-4:00pm
General Swim 11:00am-12:45pm	School Swimming 1:00pm-3:15pm	School Swimming 1:00pm-3:15pm	School Swimming 1:00pm-3:15pm	School Swimming 1:00pm-3:15pm	General Swim 1:00pm-4:00pm	Swim Club 2:30pm-4:00pm
Swimming Lessons 4:00pm-6:30pm	Swimming Lessons 4:00pm-6:00pm	Swimming Lessons 4:00pm-6:00pm	Swimming Lessons 4:00pm-6:00pm	Swimming Lessons 4:00pm-6:00pm		
General Swim 6:30pm-7:30pm	Swim Club 6:30pm-7:30pm	General Swim 6:00pm-7:30pm	General Swim 6:00pm-8:00pm	General Swim 6:00pm-7:30pm	Swimming Club 6:00pm-8:00pm	
Aqua 7:45pm-8:30pm	Adult Swim 7:30pm-9:45pm			Aqua 7:30pm-8:15pm		
Adult Swim 8:30pm-9:45pm		Adult Swim 8.00pm-9:45pm	Adult Swim 9.00pm-9:45pm			

CUSTOMER NOTICE:

Please note during busy times the pool will run on a band system once a maximum capacity has been reached. This will provide all customers with a 45-minute session to ensure we can accommodate all users

We kindly ask that you respect our staff and facilities, foul and abusive language will not be tolerated.