

MON	TUE	WED	THUR	FRI	SAT	SUN
Adult Swim 7.00-9.15	Adult Swim 7.00-8.45	Adult Swim 7:00-8:45	Adult Swim 7.00-8.45	Adult Swim 7.00-8.45	Swimming lessons 8.00-13.00	Lane Swimming 9.00-10.00
Aqua 9.15-10.00	School Swimming 9.30-11.45	School Swimming 9.30-11.45	School Swimming 9.30-11.45	School Swimming 9.30-11.45		General Swim 10.00-15.30
Ladies only Swim 10.00-11.00						
Adult swim 11.00-12.45					General Swim OR Private Hire* 13.00-14.00	
Aqua babes 13.30-14.00 14.00-14.30	School Swimming 13.00-15.15	School Swimming 13.00-15.15	School Swimming 13.00-15.15	School Swimming 13.00-15.15		
					General Swim 14.00-17.00	Adult Swim 15.30-17.00
Swimming lesson 16.00-18.30	Swimming lesson 16.00-18.00	Swimming lesson 16.00-18.00	Swimming lesson 16.00-18.00	Swimming lesson 16.00-17.30		
Swimming Club 18.30-19.30	Lane Swimming 18.30-19.30	General Swim 18.00-19.30	General Swim 18.00-20.00	General Swim 18.00-19.30	Swimming Club 18.00-21.00	Swimming Club 15.30-17.00
Aqua 19.30-20.15	Swimming Club 19.30-21.00	Adult Swim 19.30-22.00	Adult Swim 20.00-22.00	Aqua 19.30-20.15		
Adult Swim 20.30-22.00			Adult Swim 20.30-22.00			

*If booked, private hire will run in place of General Swim

Adult Swim – 16 years +
Lane Swimming – 8 years +
 For a full breakdown of swimming sessions,
 Please visit www.activehalton.co.uk/swim

During the school holidays, we have extra general swim sessions from 13.00-15.30 on weekdays.
 Please check dates with our reception team on 01928 712051.
T&C'S APPLY.

CUSTOMER NOTICE:
 Please note during busy times the pool will run on a band system once a maximum capacity has been reached. This will provide all customers with a 45-minute session to ensure we can accommodate all users.

